



Week - At - A - Glance

Family Communication



Supervision Begins @

7:50 am

First Bell: 8:05 am

Dismissal: 2:05 pm

Ross Road School

Proud, Determined, Strong



Click [HERE](#) to visit our school website!

March 6th, 2026
Next Week Is Week 2



Ordering window NOW OPEN!

Click [HERE](#) for the Nova Scotia School Lunch Program



Click [HERE](#) for the School Calendar!

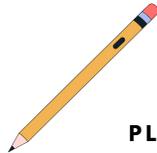
It is Fri-Yay!!

This week our grade 9 students have officially registered for their Cole Harbour High courses. Thank you to the staff members and families who supported each student with this process. Grade 9 students will start fundraising for their year end trip. This coming Thursday, they will be selling gatorade in the cafeteria for \$3.00. They will also be having a canteen during Grade 6 - 9 open gym on Thursday after school and at Badminton drop in on Fridays. Grade 9 families please check out the link below for information.

Next week we will have our annual Winter Spirit Week! See the below for details on each day. A reminder to families that there will be no school this coming Friday the 13th.

Have an awesome weekend,
Your RRS Team

Extra Pencils?



PLEASE SEND THEM INTO THE OFFICE



Important Dates

March 11 - SAC

March 12 - Home and School Event

March 13 - Assessment & Evaluation Day No School for Students

March 16 - 20 March Break

April 1st - Evening Parent Teacher Conferences

April 2nd - Morning Parent Conferences

April 2nd PM: Professional Development for Staff

FAMILY FUN NIGHT!
\$5 ENTRY PER FAMILY
THURSDAY, MARCH 12
6:30 PM - 8:00 PM
DROP IN FOR A SCREEN FREE NIGHT OF FUN, CRAFTS, SING-A-LONGS & GAMES FOR THE WHOLE FAMILY
HOT DOG SALES TO SUPPORT THE GRADE 9 YEAR-END TRIP!

GRADE 9 FAMILIES
[CLICK HERE](#)

ROSS ROAD SCHOOL
SPIRIT WEEK
MARCH 9-12

| | |
|---|---|
| MARVELOUS MONDAY SCHOOL SPIRIT DAY Show your school spirit by wearing our school colours (red & blue) or school clothing! | TERRIFIC TUESDAY SPORTS DAY Wear your favourite team jersey or clothing, or dress as any sport you would like: dance, gymnastics, soccer, etc. |
| WONDERFUL WEDNESDAY ST. PATRICK'S DAY Show your St. Patrick's Day spirit by wearing St. Patrick's Day accessories and/or green clothing! | THRILLING THURSDAY PJ DAY Start relaxing early by wearing your favourite pjs to kick off March Break! |

Be sure to keep the spirit going by wearing your pjs to our Family Fun Night on Thursday from 6:30-8pm!



Grade 7 Music Exploration creates their own maracas



Memorable Moments



Sweetest Grade 1 Announcers They did an amazing job!

March is Nutrition Month: Make the Most of the Nova Scotia School Lunch Program

March is celebrated across Canada as Nutrition Month, a perfect opportunity for families to focus on building healthy eating habits together. Nutrition Month allows us to explore sustainable eating patterns, food literacy, and learning about the benefits of balance and variety in everyday meals. By highlighting the connection between nutrition and long-term health, Nutrition Month empowers everyone to build habits that benefit both individuals and the planet.

Use Nutrition Month as a reminder to take advantage of the Nova Scotia School Lunch Program! With nutritious, balanced meals prepared daily, the program ensures students have the energy and focus they need to succeed in the classroom and beyond. The School Lunch Program is designed to provide accessible, affordable, and appealing meals that feature a variety of foods from all food groups, following Canada's Food Guide. By participating, families can help their children develop lifelong healthy habits while making mornings a little less hectic.

Together, we can make small changes that lead to healthier futures for our families and communities.

