

Week - At - A - Glance

Family Communication

December 5th, 2025 Next Week is Week I



Supervision Begins @ 7:50 am First Bell: 8:05 am

Pirst Bell: 8:05 am Dismissal: 2:05 pm

Important Dates

Ordering window NOW OPEN!

Click <u>HERE</u> for the Nova Scotia School Lunch

Program



Click **HERE** to visit our school website!

Happy Friday!!!

A big thank you to all the families who came out for progress conferences this week. It was so nice to chat and connect with you. If you weren't able to make it, no worries at all-just reach out and we'll happily set up another time. Grade 2/3 conferences will also be rescheduled, and we'll share those new dates as soon as we can.

Our Santa Shop was a HUGE hit! The students had so much fun picking out gifts for their families—there were lots of excited smiles (and maybe a few questionable gift choices... enjoy those lizard mugs! (2)). This year we invited families to donate if they wished, and we are incredibly grateful for your generosity. A massive shout—out to our Home and School team for putting so much love, time, and energy into making the shop such a magical event.

And coming up next week... the concert! We can't wait to see our amazing elementary students and band show off their talents. It's always a highlight of the year.

Hope you all have a wonderful weekend! Your RRS Team

Fri-Yay!!

Dec. 10th - SAC
Meeting 6-7:30
Dec. II - Holiday
Concert

Dec. I5 - I9: Spirit

Week

Dec. 19th - Last day
of school before the
Holiday break
Dec. 22nd Professional
Development day
Jan. 5th - Students

back after break



Click <u>HERE</u> for the Ross Road School Calendar!

Town Hall Meeting Minutes

Student & Staff Created Spirit Week Click Here For More Details!

Here's What Happening At Ross Road School!



Let's Go cougars!!

Girls Basketball Practice Monday – 2:30 – 3:30 Boys Basketball Practice Tuesday – 2:30 – 3:30



Santa Shop 2025!!



Resources for Parents from Unplugged Canada

If you're concerned about your kids' screen time, smartphone use, or social media pressure, there are some wonderful resources below to help parents and caregivers navigate the challenges of raising kids in a digital world.

For parents: The Anxious Generation by Jonathan Haidt highlights the research and evidence behind how early smartphone and social media exposure have shaped a generation over the last 10-15 years. Ten Rules for Raising Kids in a High-Tech World by Jean Twenge offers practical, actionable guidance to help parents set healthy boundaries and support their kids' digital wellbeing.

For kids: The Amazing Generation, written for pre-teens and teens and co-authored by Jonathan Haidt, will be released on December 30. It explains the impact of today's digital environment in an engaging, age-appropriate way.

All of these books are available at your local library or bookstore.

Unplugged Canada is a parent-led, national movement advocating for healthier childhoods by delaying smartphones and social media until kids are more developmentally ready. Join thousands of Canadian families choosing to delay by taking the Unplugged Canada Pledge at unpluggedcanada.com/sign-pledge.





